

Songs of Deliverance

A Depository of Orphic Wisdom



Frank Marrero, Enelysios

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Preface:

The Shrouded Master

The following rhapsodies and lyrics are based in the ancient Greek religion of Orphism and the theological teachings of “Master Orpheus”. Most of the words and phraseology come from the streams of Orphism, that original theology that bridged between mythology and philosophy. *Songs of Deliverance* strives to reflect ancient Orphic poetics as well. For poetry in the service of Orphic theology was considered a veil, hiding the sacred words from profane eyes while delivering it deeply to initiates.

“Songs of Deliverance” was the name of an ancient Orphic book (of which we have nothing other than the name), an example of one kind of “depository” of Orphic wisdom. These rhapsodies strive to honor and emulate the ancient Orphic ways.

“Enelysios” is the appellation I use when writing about ancient wisdom traditions, and literally means, “struck by lightning.” This does not intone “destruction”, but extremely good fortune and the empowerment of a sacred space by the staff of Zeus. Places actually struck by lightning were “enelysions”, and were made into sanctuaries. Death by lightning was the most preferred manner of dying, for it was said that by being struck by a thunderbolt, the soul passed the Judgements and the pains of their illusion and went directly to Elysium, heaven. Enelysios is also the etymological root of Elysium, the domain of eternal intoxication.

Once upon a time, atop a great tree upon a cliff, as I began to dive toward distant waters, I had an encounter with a bolt of lightning and seemed to be consumed by a white power absolute, but I have no witnesses for what happened

(though there were scores). It seemed to me that I dove into the stream of heaven's power. The experience was glorious and it is one way I take the name Enelysios.

But more potent than thunderbolts and more wonderful than utter brightness is the clarity of consciousness and vibrance of joy I have felt in the company of my initiator, transmitter, and teacher, Avatara Adi Da, Eleutherios, the Heaven-sent Primal Giver and Liberator.

Once again, the modern mind cloaks the Master of the Mysteries in doubt and confusions, but in my life, no combination of knowledge and experience compares to the awesome divinity of his loving company. He is the real lightning I refer to in the name, Enelysios. By His initiation into the Feeling at infinity and His unshrouded transmission of love-bliss, Eleutherios brought me directly to the divine domain, Elysium.

Invitation

Glossary for “Invitation”

myste, one who has been initiated into the mysteries. From *myo*, to close, to hold intimate, to keep secret

gnosis, deep knowing, related to *jnana* (divine knowledge of India)

Harmonia, harmony. The Goddess who wove the web of the world, starting with the *omphallos* at Delphi. Harmony is felt as a native sensitivity, and a transformative divinity.

Elysium, Paradise, Heaven. Related to *enelysion*, a place made sacred by a thunderbolt, the staff of Zeus.

Field of Truth, in Elysium, in blissfulness, what is most real, what is always and already present.

Phanes, self-existing light, self-luminous light, effulgent light, first light, divine consciousness.

Katharoi, the name used by fellow Orphic practitioners as they called to one another, meaning roughly “Pure Friend!”; related to *katharsis*, meaning “purified”. Based in *kata-* down; for one who has gone down has returned, purified. Pronounced like modern Katharine, but Kathar-o-ee.

Open Eyes, the realization of Phanes, here and now as this reality. Open Eyes see the Field of Truth as the real estate of Elysium.

Katharsis, what the Orphics called their spiritual work, their purifying work, akin to *tapas* (purifying heat) and *sadhana* (spiritual work”) of Hinduism.

Koinonia, Communion, Heart-Communion, the force of love.

Hades, Divinity of the Underworld, from *ades*, lit. “not day”, not light, unconscious.

Pluto, Riches, the name for Hades when He is no longer unknown ... for under the ground can be found gold and jewels.

Mnemosyne, Memory, Recollection, and Remembrance.

Orphetelete, Orphic Initiator; one who could transmit the vibrancy of communion, transmit the feeling of love-bliss.

Stephanos, “crowned” -- esp. crowned with joy.

Staff and Wings of Hermes, the caduceus carried by the messenger of Gods, the “one who traverses all boundaries.” Esoteric sign of the awakened nervous system, akin to kundalini and sahasrar of Hinduism.

soma sema, an Orphic chant usually translated “the body is a tomb”, but sema is also “sign”.

I Invitation

1

Come,
Come,
Come,
Come into the Way of Master Orpheus,
Come into the Company
of His Mysteries.

2

Let me speak to you as a madman,
Let me speak as a priest of the Master.
Let me tell you about the pure joy
At the core of everything.

3

Be warned!
The infectiousness of the ecstatic
one is a fire.
Come
Forewarned.

4

Share the secrets, be a myste
Protect divine knowledge
Like your bedroom intimacies

5

Be initiated
Feel the current of truth
The Fullness and Gnosis of Communion

Be grateful
Feel the absolute beneficence
of the holy way

Be fellow Katharoi [Purifiers]
come to the purity of katharsis
learn to enjoy disciplined cleansing.

Be Katharoi!
Be known as a purifier, enjoying the brightness of temperance
Be known to other purifiers as Katharoi.

6

Make the Oath to Spiritual Work
Day by day,
life after life
moment to moment

9

Commune with Harmonia

in all the ways of living,
nothing in excess.

Commune with Harmonia

in all of your relations
learn to find Eurydice and the Master
everywhere.

Commune with Harmonia

until the goddess awakens you to herself
and you become resonant with the harmonia of
the kosmos.

8

Awaken

Move from pleasure to ecstasy
to the Field of Truth
the calm fields of Elysium
to Phanes, the self-existing light
in epi-phanies of reality.

Thou shall come to immortality.

9

Taste the pleasure
of giving one's heart to the Un-limited,
to the Way of the Divine in the Master
and the Way of the Master in God.

10

We are called up from the pool of self-satisfaction
We turn up from the pool of lethargy
as we move from closed
to Open Eyes
Hear now: always already, being is, I am.

11

Otherwise, life is a cave and the body is a tomb.
And we are already buried in the familiarity
of everyday existence.
with coping and cleverness
as our shields and swords,
And we die in a battle of fear and hope.

12

Instead we give our life, thought, breath, body, and psyche to the Way
The Way of Purification and Harmonization
The Way of Communion and Love
The Way of liberation and Self-realization.
Being is. I am. Supreme Being.

13

The Way wherein we realize the One
The One in all and all, simplicity's ground
The Formless, or as Pythagoras was famous to say, "void of number"
The Original and Final Truth, within and everywhere
The Universal, Ineffable, Beauteous, God infusion,
Free from death by liberation in the One Being,
conveyed and confirmed by the transmission
of the Master.

14

The promise of Orpheus
is that your pleasures become ecstasy
that your ecstasy enlarges and stabilizes
and you pass beyond the Veil of appearances
to the One Divinity, embracing all.

15

The Way's three stages:
Katharsis, Koinonia, Phanes
purification, communion, self-existing light.

16

Katharsis sublimates the body and releases the mind
to find the tension that makes every thought,
the spike of this Underworld.

17

Suddenly life is an ordeal
to understand the psyche within and with others.
We churn and work the (re-active) past into the (responsive) present
like turning fresh ground with a plowshare,
with strong shoulder and whole body;
And after long and furrowed work,
of opening the underground to light,
we transform Hades into riches, Pluto;
and celebrate at last in the Field of Truth.

18

It is promised by the Master of the Mysteries:

After persistent discipline

after sufficient purification

The fire is more than hot

It is light and divine-possession.

Bowing in the blessing of the Master's transmission, telete,

His Feeling at infinity.

19

That light is beyond the light of this world

beyond the light above

to the Field of Truth

Self-existing light, Phanes

the Light of even Bright Zeus.

20

The promise is loud and clear.

Purify, Harmonize, Breathe.

Purify, Commune, Breathe Full Joy

In perfect stillness, utter stillness;

and silently, a joy outshines mere mortality

21

Come to the Field of Elysium,
 The body is a tomb (soma sema).
Come to Purify everything that passes,
 The body is a sign (soma sema).
 Be Katharoi.
Thus Pure we see
 the self-existing divine light, Phanes!
No longer within and without, but everywhere alive and only.

22

The Elysian Field of Truth
Is on the other side of the Underworld
 Beyond the deepest fear and insult Is the Imperishable Zeus Underground,
 The Bright Witness of all.

23

Neither clouds, nor rain, nor winter there are found,
A while splendor spreads its radiance round.
Ineffable unfolding into light,
Unfolding into Phanes,
the essence of joy shining forth.

24

Shining Forth

It purifies

Shining Forth

It sublimes

Shining Forth

The Heart embraces the beloved.

Shining Forth

It rises up

Shining Forth

the Staff of Hermes within.

Shining Forth

The Heart embraces the beloved.

25

Rising up

the oh of pleasure

Rising up

the path of bliss

Rising up

the dragons of divinity.

26

At last, the dragons merge into the white pool atop the staff,
pulsing, blissful, singularity.

At last, the wings of Hermes are seen
behind the eyes, from the core of the brain
stretching to the un-limited
in ventricles of light.

27

Ambrosia. Ambrosia. Ambrosia.

The taste and drink of divinities
at the brain's mystical core, the Pool of Remembrance, Mnemosyne.
The cup of Zeus, the intelligence in all.
The cup of Dionysus, the crater of God.

28

The Crown of Joy, Stephanos

Is the Sign that the dragons around the staff of Hermes
Have merged into the One atop the rod
As the crater of joy overflows
And the serpents transform into wings
in a flight of joyous ecstasy.

29

Shining Forth.

The heart rests in God.

Shining Forth

The Company of the Master

Shining Forth.

30

Come into the Way that outshines even death

Come and hear, be initiated or be quickened.

Slowly and surely shed every way that does not harmonize with eternal life.

Awaken to the Island of the Blest!

Behold the flowers of gold blazing,

and on the shore, radiant trees...

Come

Come

31

Mnemnosyne: Remembrance

Recall the Master's ecstasy in love

Recall the Master's love and be ecstatic.

Remember Me and Fight, He sang.

Bring the energy of communion to others

Grow strong in truth and receive its power,

grow strong.

The signature of an Orphetelete is not a ritual,

but the attractive force of liberation, the stamp of the Master.

32

Come into the Way of Master Orpheus

Come into the fellowship of purification and learning

Come and transform your pleasures into ravings

and your ravings into supreme being.

Come by communion and enter into understanding or

come by understanding and enter into communion.

Come

Come

Yes Come.

II. Nyx, Divine Night

Glossary for Nyx

Nyx, Night, with all of its darkness, secrets, and powers.

The Books of the Muses; the summation of human and divine knowledge; akin to the akashic faculty found in Hinduism, meaning a place deep in the heart where the recollection of everything can be intuited.

Dike, Justice, the way of unprejudiced balance (She is thus seen as blindfolded in legal invocation), the divine Balance, the way of harmony, akin to the Tao of Taoism.

Phanes Protogonus, Illustrious First giver.

II Nyx, Divine Night

No mortal can withstand the full radiance
of Phanes,
the Self-existing Divine Light.
So it is shrouded in cloudy and mysterious
Night.

In words ascribed to him,
Phanes gave Night the mantic art that never fails,
the ambrosia of eternity,
as well as the ground of righteousness.

So bright is Phane's deathless Light
so sweet is the love,
the Master clothes the First-Born in Night,
for none could gaze on Phanes with their eyes, save holy Night alone.

1

Night,
Night,
Night,
 divine and holy Night
Darkness that clothes the dawn
 Divine Mother of Day
We praise your pregnancy.

2

Night, Unknowable
 where every feeling
 from the all the past comes forth.
Light, Unknowable,
 where every thought
 comes forth and passes.
Night, Naked.
 Unarmored. Death hovers.
Light, Naked.
 Unarmored lover.

3

Open to the past and the terrors of Hades
Let the darkness, shame, sorrows, and fears,
Be small and weak and full of need,
unworthy, unlovable, foolish, lethargic, and dying.

4

And when the clutching and grasping are clearly seen,
as self-creating destinies
they are quickly or slowly undone by the witnessing
as response-ability grows
where feeling becomes unarmored and undisturbed
flowing freely as we fall into the Heart.
Into a vast and open Court, we visit Olympia.

5

Falling in the Heart
full of all things learned by heart
Deep in a graceful wing of Love's Palace
the glorious Books of the Muses appear
full of every art and contemplation.

6

Staying in the heart you may find
Libraries of knowledge that overwhelm your mind
with rhapsodies and melodies.

7

Open in the present revelation.
Unprejudiced Dike,
the Balanced View and Law,
Right Living, and Harmony.
Open to a fresh future and prophecy.
Opening to a new day.

8

Night, Fear Not
At last, when Night is fully loosened,
Nyx marries Chaos.
Night and Chaos
Beget Zeus, inextinguishable.

The psyche learns the dark armlessly
and in Rhea's Flow of letting be,
the ground of being is no longer obscured and suddenly present.

9

Night,
the shroud of Phanes,
where divine ignorance outshines daytime knowledge,
where mystery lets the psyche rest and flow
where stillness becomes the witness
and witnessing unfolds in self-existing light.

10

Night, sweet Night
whose tender and penetrating kisses
lets language flow and stitch
and speaks the truth in rhapsodies
for what is right, beautiful, and heart-deep.

11

When Night is full
Suddenly an egg
A luminous essence
Phanes Protogonus,
Illustrious First giver.
When the psyche accepts the darkness
 unguardedly
when inside conflict is disarmed
 by responsibility and self-transcendence,
the ground of being enfolds the soul
into ineffable light, first light, eternal light.

12

Come, Be forewarned of the darkness, Come.
Come, Learn the Secrets of Nyx, Come.
Accept the powers of the Night,
Let yourself go mad or be torn apart.
Accept all that we ever were and are.
Come, Fearlessly Be, Come.
Come, Purify, Come.
Inherit the Underworld,
Receive the jewels under the earth, the Gifts of Pluto,
the Most Gracious One.

13

The Way of Orpheus,
the Initiator

Aligns the myste to harmony
empowers their purifications
with self-understanding

as he teaches his initiates the secrets of the Night.

Transforming the dark into treasures unending.

14

The Way of Orpheus,
the transmitter of heart communion,

Leads to the myste through the darkness
to self-existing Bright Consciousness Itself--
Crowned in Immortal Light,
Gone in Oceanic Joy.

Radiant Master, I surrender.

15

Accepting the Night, no longer in conflict,
We begin the years of pure pleasure
where the celebration is most real
and the intoxication is eternal.

16

Bright Eleutherios speaks:
“I am the Heart, who arms the space
Who is the right and left.
I am the Heart
Who stands between the arms,
Who seems the double mind,
until I am known,
who keeps the body living
while the Mystery survives
and when all things have turned to me
my instant will be this,
that seems the dark and wordless death
or underground,
and Still,
I AM
the Heart.”

III Psyche

III Psyche

1

Psychein is to breathe
psyche is the breather
psyche is the feeling breather.
Breathe deeply, Breathe deeply
Again and again.

2

Notice the harmony
that is present
when you do not eat
anything that breathes like you do.
Abstain from bloodshed.

3

Follow the breath
when practicing stillness
Follow the breath
when remembering the beloved

Follow the breath
through purification and adoration
Follow the breath.

4

Release the breath
 release the feeling
 release the psyche.
Release the pollutions and abstain
 from temporary pleasures
 release the psyche.
Breathing inherent pleasure
 long sips of Olympian ambrosia
 with its sweet nectars of immortality
Breathe and Release the psyche.

5

One's own life begins and ends with a breath.
Expiration and inspiration.
Orpheus himself tells us
that the highest understanding
resides in a full breath.

He calls us each to spiritually attend to our diaphragm.
Orpheus! Free Breather!

6

Breathing Freely,
We find ourself already releasing and rising
 in the Fields of Paradise
 where the breathing is always free
And we are Lived by Life and
 Inherent Light Itself
 Like eggs of Mysterious Luminosity.
Floating in perfect peace,
 we are breathed
 mysteriously.

IV Dragons and the Rod of Hermes

Glossary for Dragons

Dragon, serpent, alluding to the reptilian core of the central nervous system, akin to Indian kundalini.

Hesychia, utter stillness, (ee-see-hee'-uh)

IV Dragons and the Rod of Hermes

1

Before purification, the body is a tomb
and we live as if already underground
buried in our ordinary lives.

2

When the purifications become fruitful
as the myste grows in harmonia,
and the harmonia of the kosmos
resonates in rising overtones
and the body becomes a sign
as the tomb brightens into light.

3

Apollo taught us to slay the dragon
and let the rotting (pytho) flesh inspire us
to resurrect the serpent as the Pythia at Delphi
in us.

In service to Apollo
 with his harmonies and stillness
In intercourse with the divinity
 of the lyre and insight,
our purifications clear the space
 for divine brightness.

4

Gratitudes morph into aspiration and exhilaration
 Awakening the dragon
 the serpent within.
Rise in ascending harmonies
 On Apollo's seven stringed lyre
 silenced and singing in ripples of joy
 His divine domain of ecstasy.

5

At last the crossing serpents
 merge into a Pulsing Singularity.
The Ball of Light atop the rod of Hermes
 is the sign of this transformation
 as the brain core is filled with bliss.

At last all is still in joy fulfilled: Hesychia,
Utter stillness, Hesychia.

The perfect place for perfect joy.

6

Hesychia, the doorway

where stillness allows witnessing
clearly

where witnessing sees wholes
everywhere

where stillness allows supreme being
perfectly.

V Hesychia

Glossary for Hesychia

nous, intelligence; noetic, inclusive intelligence

logos, divine word, word, from legein, to speak; etymological studies also show intonations of “gathering” and “harmony”.

V Hesychia

1

Hesychia, stillness
is not a thought
not a feeling
not a belief
is.

2

Be purified by the practice of stillness
Incubate yourself in Mother Earth
Bury yourself in caves or tombs or graves
and cover your skin with clay
stay for hours, then days
Until every movement is frustrated
and frustration yields to silence.

3

Everyday practice stillness.

Accept everything with the strength of the Underworld,
as your coverings fall away like petals.

4

Hesychia's vastness

overwhelming thought and sentiment
receiving all rivers of thinking and feeling
void on fundamental ground.

5

The Masters have shown us

the perfect Peace that Is

the witness of all of life
the witness of deep sleep
the witness of choices after the last breath.

6

Beyond the mind

Trusting the inner meanings

Following the body's signs

In rising harmonies of perfect stillness.

Rising to evolution's fulfillment

In the mystic embrace of everything

Outshining ordinary knowing

trusting the awe of reality.

7

Deepen the natural pleasures

unreasonable and wise.

Give yourself to harmony

The middle way, nothing in excess

Align your acts to harmonia

Feel the harmonia of the kosmos

Learn Dike's Way of balance

As lawfulness begets peacefulness.

Until peace and balance become profound.

And peacefulness begets utter stillness.

8

Stillness is the door

Stillness, the frustration of all motion

Stillness begets the true nous and pure gnosis

Stillness sees the logos without hubris

Stillness lets the night

and the bright, self-existing Phanes.

9

Like a goat kid who has fallen into milk

We are awash in nectarous reality.

Last Words

Glossary for Last Words

Spindle Destiny -- alluding to the Three Fates; most especially Clotho. Clotho was the first of the daughters of Necessity and Timeless Zeus. She represented the forces that surrounded you at birth: your mother, your father, your extended family, culture, language, season, and the stars. Clotho is how we are “spun” and the destiny that “spinning” implies; akin to Indian “karma”. To accept and then exceed the spindle destiny is confluent with the process of authenticity. Or in the words of Plontinus, “In every moment you can live out your spindle destiny OR you can live authentically.” Authenticity includes and exceeds destiny and death.

Last Words

Phanes! Unborn, uncaused, self-existing light!
You outshine time and therefore all destinies.

Harmonia's self-existing authenticity
exceeds the Spindle Destiny,
and matures into that
which is more fundamental than death.

For when death does come,
 and flows over you
 like the River Styx;
remain awake as the last breath leaves the body
 and the anchor of the heartbeat is no more.

Sail the waters with their ten thousand reflections
looking past the Judgements and soul rightening,
look up from the waters of Lethe's Forgetting
look up to see the white tree and
quench your thirst in the waters of Remembrance.

Look up and rise to the Single light,

look to see the Field of Truth

look to see Elysium

and the Fields of eternal celebration.

And whoever hears and sees this while still breathing,

enjoys the endless transmission of the master.

Full Glossary

(the) Books of the Muses; the summation of human and divine knowledge; akin to the akashic faculty found in Hinduism, meaning a place deep in the heart where the recollection of everything can be extracted.

Dike, Justice, the way of unprejudiced balance (thus seen as blindfolded in legal invocation), the divine Balance, the way of harmony, akin to the Tao of Taoism.

ek-stasis, ecstasy, “to stand out” from any limitation, but most particularly the limitation of egoity and the confinement to self-position.

Elysium, Paradise, Heaven. Related to enelysium, a place made sacred by a thunderbolt, the staff of Zeus.

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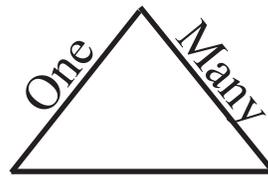
Zeus, “Bright,” luminescence of the day.

“From the immense principle of principles, in which all things causally subsist, absorbed in superessential light, and involved in unfathomable depths, a beauteous progeny of principles proceed, all largely partaking of the ineffable, all stamped with the esoteric character of divinity, all possessing an overflowing fullness of goodness. From these dazzling summits, these ineffable blossoms, these divine propigations, being, life, intellect, soul, nature, and body depend: monads, suspended from unities, deified nature proceeding from deities.”

-- Proclus,
On the Theology of Plato

One
 Father
 Aether
 Chaos
 Egg
 Many
 Mother
 Power
 Dragon of Wisdom
 All
 Beauty
 Truth
 Symmetry
 Phanes
 SuperCelestial
 The Plain of Truth
 The Arch of Heaven
 Infinite Life
 Subcelestial
 Intellect

 Cronus
 Rhea
 Zeus
 Apollo
 The Prophetic Life
 Eros
 The Life of Love
 Harmonia
 The Harmonic Life



All

Being

Life

Discrimination

Soul

Nature

Body

Schemata of Orphic Theogony

